

Scottish Road 5K Championships - Silverknowes - 3/5/2019
Full Results at <https://www.stuweb.co.uk/live/race.shtml#3483-8472>

Women

Pos	Name	Cat	Club	Gun	Chip
1	Morag Millar	F Sen	Central AC	15:53	15:49
2	Mhairi MacIannan	F Sen	Inverness H	16:00	15:55
3	Fionnuala Ross	F Sen	Shettleston H	16:22	16:18
4	Jenny BANNERMAN	F Sen	Inverness H	16:44	16:39
5	Jo WILLIAMS	F Sen	Lothian RC	17:05	17:00
6	Zoe Pflug	FU20	Edinburgh University H&H	17:10	17:05
7	Jenny Selman	F Sen	Fife AC	17:13	17:07
8	MICHELLE SANDISON	F Sen	Springburn H	17:23	17:19
9	Christina Rankin	F Sen	Kilbarchan AAC	17:30	17:24
10	Amy FRANKLAND	F Sen	Edinburgh University H&H	17:34	17:28
11	Freya ROSS	F Sen	Falkirk Victoria H	17:35	17:31
12	Kayleigh Jarrett	F Sen	Elgin AAC	17:37	17:33
13	Ruth Joss	F Sen	Shettleston H	17:45	17:38
14	Lauren Wilson	F Sen	Edinburgh AC	17:48	17:43
15	Gemma CORMACK	F Sen	Inverness H	17:49	17:43
16	Natalie Stewart	F Sen	Central AC	17:56	17:50
17	Lesley Chisholm	F40	Garscube H	17:59	17:52
18	Siobhan Coleman	F Sen	Linlithgow AC	18:07	18:00
19	Michelle Bruce	F Sen	Dundee Road Runners	18:09	18:00
20	Jennifer Spence	F Sen	Fife AC	18:11	18:02
21	Lauren McCulloch	FU20	Central AC	18:13	18:09
22	Fiona MATHESON	F50	Falkirk Victoria H	18:14	18:08
23	Halina REES	F Sen	Fife AC	18:16	18:10
24	Jenny MACLEAN	F40	Edinburgh AC	18:17	18:11
25	Hazel MACCORMICK	F Sen	Edinburgh AC	18:19	18:15
26	Kirstin MAXWELL	F Sen	Gala H	18:22	18:15
27	Sarah Tait	FU20	Lasswade AC	18:22	18:16
28	Joanna Brown	F Sen		18:24	18:13
29	Holly Little	FU20	Victoria Park City of Glasgow	18:26	18:19
30	Catriona MACDONALD	F Sen	Bellahouston RR	18:31	18:23
31	Isla Scott-Pearce	F Sen	Edinburgh AC	18:31	18:26
32	Ailsa Cruickshanks	F Sen	Fife AC	18:39	18:31
33	Hannah Morrison	FU20	Edinburgh University H&H	18:42	18:36
34	Karen KENNEDY	F40	PH Racing Club	18:44	18:37
35	Kristin LOWNIE	F Sen	PH Racing Club	18:53	18:45
36	Jennifer Martin	F Sen	Shettleston H	18:58	18:51
37	Charlotte McKenna	FU20	Giffnock North AC	18:59	18:51
38	Amelia PETTITT	F Sen	Vale Royal AC	18:59	18:52
39	Rhiannon Kirk	FU20	North Highland H	19:00	18:54
40	Elaine EADIE	F Sen	Edinburgh AC	19:00	18:54
41	Polly Edwards	F Sen	Edinburgh University H&H	19:01	18:52
42	Lucy Mitchell	F Sen	Falkirk Victoria H	19:05	18:58
43	Laura Robertson	F Sen	Hunters Bog Trotters	19:09	19:00
44	Amanda Woodrow	F Sen	Edinburgh Napier University	19:12	19:06
45	Amie Watt	F Sen	Fife AC	19:16	19:07
46	Jocelyn Moar	F Sen	Edinburgh AC	19:18	19:13
47	Maddy WATSON	F Sen	Strathclyde University H	19:19	19:11
48	Janet Dunbar	F50	Edinburgh AC	19:28	19:22
49	Katie Rourke	FU20	Gala H	19:30	19:23
50	Rosina GRAHAM	FU20	Edinburgh University H&H	19:31	19:22
51	KRISTINA GREIG	F Sen	Bellahouston H	19:45	19:36
52	Gemma Towersey	F Sen	Penicuik H	19:46	19:39
53	Adele Boucher	F Sen	North Ayrshire AC	19:54	19:47
54	Deanna Kerekes	F Sen	Strathclyde University H	19:55	19:46
55	Jennifer Holden	F Sen	Portobello RC	19:57	19:45
56	Jennifer Glass	F Sen	Edinburgh University H&H	19:58	19:48
57	Janine DICKIE	F Sen	Bellahouston H	20:01	19:53
58	Julie MENZIES	F40	PH Racing Club	20:02	19:51
59	Julie Oswald	F40	Musselburgh and District AC	20:04	19:53
60	Julie Ramsay	F40	Perth RR	20:04	19:54
61	Kelly Baillie	F Sen	East Kilbride AC	20:15	20:02
62	Frances Britain	F40	Forres H	20:22	20:13
63	Ailsa Beck	FU20		20:28	20:15
64	Lesley McArdle	F Sen	Cambuslang H	20:33	20:19
65	Karen DOBBIE	F50	Edinburgh AC	20:36	20:28
66	alison sutherland	F Sen	Carnegie H	20:39	20:30
67	Rosie Wright	F Sen	Edinburgh University H&H	20:40	20:30
68	Jennifer Reid	F40	Cambuslang H	20:49	20:34
69	Lorraine Macpherson	F40	Perth RR	20:50	20:39
70	Andrea Cameron	F Sen	Lothian RC	21:03	20:49
71	Fiona Macfarlane	F Sen	Falkirk Victoria H	21:04	20:56
72	Katie Renault	F Sen	Edinburgh AC	21:05	20:50
73	Gail Murdoch	F50	Carnegie H	21:22	21:12
74	ALISON WOOD	F Sen	Garscube H	21:34	21:20
75	Zoe STUART	F40	PH Racing Club	21:35	21:23
76	Lauren Edward	F Sen	Strathclyde University H	21:35	21:27
77	Leanne CALDER	F Sen	Edinburgh AC	21:49	21:42
78	Gillian Edwards	F Sen	Perth RR	21:51	21:41
79	Tessa Ward	F50	Perth RR	22:00	21:50

Club				Total
1 Inverness H	2	4	15	21
2 Central AC	1	16	21	38
3 Edinburgh University H&H	6	10	33	49
4 Fife AC	7	20	23	50
5 Shettleston H	3	13	36	52
6 Edinburgh AC	14	24	25	63
7 Falkirk Victoria H	11	22	42	75
8 PH Racing Club	34	35	58	127
9 Garscube H	17	74	82	173
10 Strathclyde University H	47	54	76	177
11 Lothian RC	5	70	104	179
12 Linlithgow AC	18	81	84	183
13 Perth RR	60	69	78	207
14 Carnegie H	66	73	86	225
15 Motherwell AC	90	98	119	307

U20 Women

Club				Total
1 Edinburgh University H&H	1	5	6	12

80	Kirsty Watson	F Sen	Edinburgh AC	22:04	21:50
81	Charlotte Moran	F Sen	Linlithgow AC	22:12	22:01
82	Casey THOMPSON	F Sen	Garscube H	22:15	22:01
83	Lucy Cameron	F Sen	Strathclyde University H	22:18	22:10
84	Lorna Simpson	F40	Linlithgow AC	22:18	22:06
85	Eilidh McCallum	FU20	Falkirk Victoria H	22:19	22:11
86	Joy Gudgin	F50	Carnegie H	22:19	22:07
87	Becky Strachan	F Sen	Metro Aberdeen RC	22:22	22:06
88	GILLIAN SMITH	F Sen	Perth RR	22:24	22:12
89	Innes Bracegirdle	F60	Fife AC	22:24	22:14
90	Miranda Richmond	F40	Motherwell AC	22:26	22:11
91	FRANCES WOOD	F60	Linlithgow AC	22:51	22:40
92	Mandy Cazes	F Sen	Linlithgow AC	22:56	22:46
93	Olivia Streatfeild-James	F Sen	Perth RR	22:58	22:42
94	Claire Harris	F Sen	RTC Warriors	22:59	22:51
95	Sandra AITKEN	F50	Fife AC	23:02	22:52
96	Alison MARSHALL	F Sen	Linlithgow AC	23:17	23:06
97	JOYCE DONALD	F50	Dundee Hawkhill H	23:22	23:08
98	GILLIAN MCCAFFER	F40	Motherwell AC	23:27	23:13
99	Clare Nicholas	F50	Forres H	23:34	23:19
100	Ailsa Barker	F Sen	Stonehaven RC	23:42	23:27
101	Claire Henderson	F Sen	PH Racing Club	23:44	23:28
102	Louise Kelly	F50	Stonehaven RC	23:46	23:30
103	CATRIONA LIDDELL	F40	Perth RR	23:51	23:41
104	ANDREA SEABROOK	F40	Lothian RC	23:57	23:41
105	Margaret Newell	F Sen	Law & District AAC	24:00	23:47
106	Kathryn Fairfield	F Sen	Carnegie H	24:06	23:49
107	Lou Ella Cole	F Sen	Perth RR	24:09	23:52
108	Nicola Moriarty	F40	Pitreavie AAC	24:51	24:41
109	Emily Riddell	F Sen	Edinburgh University H&H	24:57	24:46
110	Maria Dale	F60	Perth RR	24:58	24:44
111	Lesley Mealing	F40	PH Racing Club	25:43	25:25
112	Rhona Henderson	F40	Perth RR	26:00	25:44
113	Harriet Shaw	F Sen	Perth RR	26:02	25:47
114	Katrina Leese	F40	Perth RR	26:40	26:24
115	CAROLINE HOGARTH	F40	Perth RR	27:05	26:52
116	Emilie Goniaux	F Sen	Perth RR	27:17	27:03
117	Stephanie BOYD	F Sen	Perth RR	27:19	27:06
118	Claire Cunningham	F40	Lothian RC	27:49	27:33
119	Patricia ALLEN	F70	Motherwell AC	27:55	27:40
120	Kate Marshall	F40	Perth RR	27:55	27:39
121	Sue Bothwell	F60	Perth RR	28:33	28:18
122	Joanna Northcott	F Sen	Perth RR	30:40	30:25
123	Anne Bell	F50	Perth RR	31:13	30:59
124	Rhona Watson	F60	Perth RR	32:24	32:08

FU17

290	Aimee ANDERSON	FU17	Glasgow School of Sport	19:17	19:12
361	Katie Lancaster	FU17	Dunfermline T&F Club	20:37	20:28
397	Minnie Brocklesby	FU17	Dunfermline T&F Club	21:41	21:32
412	Abby McGlone	FU17	Lasswade AC	22:15	22:01

GU15

132	Anna HEDLEY	GU15	Fife AC	16:57	16:54
195	Meredith Reid	GU15	Glasgow School of Sport	17:57	17:52
331	Niamh Riggins	GU15	Cambuslang H	20:01	19:53

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Men

Pos	Name	Cat	Club	Gun	Chip
1	Kristian Jones	M Sen	Dundee Hawkhill H	14:29	14:26
2	James Donald	MU20	Dundee Hawkhill H	14:33	14:31
3	Lachlan Oates	M Sen	Shettleston H	14:41	14:39
4	Cameron Strachan	M Sen	Metro Aberdeen RC	14:43	14:41
5	Michael CHRISTOFOROU	M Sen	Edinburgh AC	14:44	14:41
6	Cameron Main	MU20	Moray RR	14:48	14:46
7	Jack Leitch	M Sen	Edinburgh University H&H	14:49	14:47
8	Alastair HAY	M Sen	Central AC	14:50	14:48
9	Kenny Wilson	M Sen	Moray RR	14:54	14:52
10	Alex Carcas	M Sen	Edinburgh University H&H	14:58	14:56
11	Max Milarvie	MU20	Edinburgh University H&H	14:59	14:57
12	John Bell	M Sen	Inverclyde AC	15:00	14:58
13	Calum McKenzie	M Sen	Corstorphine AAC	15:03	15:01
14	Drew Pollock	MU20	Cambuslang H	15:08	15:05
15	Tim Morgan	M Sen	Edinburgh University H&H	15:12	15:09
16	Richard MAIR	M Sen	Kilmarnock H&AC	15:12	15:10
17	Andrew Rolland	MU20		15:13	15:10
18	Jamie Mackinnon	MU20	Cambuslang H	15:14	15:11
19	Ewan Brown	M Sen	Corstorphine AAC	15:15	15:13
20	Tom Hug	M Sen		15:15	15:14
21	Peter AVENT	M Sen	Shettleston H	15:16	15:14
22	Dougie Selman	M Sen	Corstorphine AAC	15:16	15:14
23	Ryan LAFFERTY	M Sen	Fife AC	15:17	15:13
24	Owen Miller	M Sen	Fife AC	15:17	15:14
25	Luca Fanottoli	M Sen		15:19	15:17
26	Michael Houston	M Sen	Inverclyde AC	15:23	15:21
27	Jason Kelly	M Sen	Metro Aberdeen RC	15:26	15:24
28	Jack KERR	M Sen	Central AC	15:29	15:26
29	LUKE HOWARD	M Sen		15:30	15:27
30	Andrew Woodroffe	M Sen		15:31	15:28
31	NEIL RENAULT	M Sen	Edinburgh AC	15:32	15:30
32	Lewis Millar	M Sen	Central AC	15:35	15:32
33	Robert Sparks	MU20	Fife AC	15:38	15:35
34	Jonathan CRICKMORE	M Sen	Hunters Bog Trotters	15:39	15:36
35	Colin Reilly	M Sen	Cambuslang H	15:40	15:36
36	Robbie Ferguson	MU20	Kilbarchan AAC	15:40	15:37
37	Andrew MacAngus	MU20	Kilbarchan AAC	15:41	15:38
38	Iain Whitaker	M Sen	Edinburgh AC	15:43	15:40
39	Richard Carr	M Sen	Cambuslang H	15:43	15:39
40	James Waldie	M Sen	Hunters Bog Trotters	15:46	15:43
41	Stuart Johnston	M40	Edinburgh AC	15:46	15:43
42	Kerry-Liam Wilson	M40	Cambuslang H	15:47	15:44
43	Jack Eykelbosch	M Sen	Edinburgh University H&H	15:47	15:44
44	Matthew Sutherland	M Sen	Central AC	15:47	15:44
45	Callum Tharme	MU20	Edinburgh University H&H	15:47	15:44
46	Gregor MALCOLM	MU20	Edinburgh University H&H	15:49	15:46
47	Adam Scott	MU20	Fife AC	15:49	15:47
48	John Brogan	M Sen	Falkirk Victoria H	15:50	15:47
49	Cameron Swanson	M Sen	Strathclyde University H	15:51	15:47
50	Stephen Addison	MU20	Corstorphine AAC	15:51	15:47
51	Jonny JACKSON	MU20	Corstorphine AAC	15:51	15:47
52	Moray Anderson	M40	Corstorphine AAC	15:51	15:47
53	Cameron Watson	MU20	Inverclyde AC	15:51	15:49
54	Joshua Dack	M Sen	Lothian RC	15:52	15:48
55	Kenneth Campbell	M40	Cambuslang H	15:52	15:49
56	Ewan Davidson	M Sen	Moray RR	15:52	15:49
57	Nicholas Allen	M Sen	Edinburgh University H&H	15:54	15:50
58	Colin Doherty	M Sen		15:55	15:51
59	Shaun LYON	M Sen	Greenock Glenpark H	15:56	15:52
60	Jonathan Peebles	M Sen	PH Racing Club	15:57	15:53
61	John Fergusson	M Sen	East Kilbride AC	15:58	15:55
62	David Brown	M Sen	Lancaster & Morecambe AC	15:59	15:56
63	Andrew Grieve	MU20	Glasgow University H&H	16:00	15:55
64	Aaron HOYLE	M Sen	Corstorphine AAC	16:01	15:56
65	Darran Muir	M40	Law & District AAC	16:01	15:58
66	Christian GRAHAM	MU20	Lasswade AC	16:03	16:02
67	Murray MacLarty	M Sen	Central AC	16:03	15:59
68	Jack McKenna	M Sen	Strathclyde University H	16:04	15:59
69	Jamie Clements	M Sen	East Kilbride AC	16:06	16:02
70	Andrew Johnstone	M Sen	Edinburgh University H&H	16:08	16:03

	Club				Total
1	Edinburgh University H&H	7	10	11	28
2	Corstorphine AAC	13	19	22	54
3	Cambuslang H	14	18	35	67
4	Central AC	8	28	32	68
5	Moray RR	6	9	56	71
6	Edinburgh AC	5	31	38	74
7	Fife AC	23	24	33	80
8	Inverclyde AC	12	26	53	91
9	Dundee Hawkhill H	1	2	97	100
10	Metro Aberdeen RC	4	27	106	137
11	Kilbarchan AAC	36	37	75	148
12	Hunters Bog Trotters	34	40	92	166
13	PH Racing Club	60	76	98	234
14	Strathclyde University H	49	68	145	262
15	Glasgow University H&H	63	84	138	285
16	Perth RR	72	99	121	292
17	East Kilbride AC	61	69	172	302
18	Penicuik H	87	91	167	345
19	Lothian RC	54	137	157	348
20	Garscube H	115	122	126	363
21	Falkirk Victoria H	48	160	177	385
22	Bellahouston H	79	144	168	391
23	Motherwell AC	117	132	182	431
24	Law & District AAC	65	214	277	556
25	Forres H	112	225	275	612
26	Carnegie H	189	197	233	619
27	Pitreevie AAC	186	222	232	640
28	Musselburgh & District AC	150	229	263	642
29	Linlithgow AC	288	292	325	905

U20 Men

	Club				Total
1	Edinburgh University H & H	3	10	11	24
2	Cambuslang H	4	6	18	28
3	Kilbarchan AAC	8	9	19	36
4	Fife AC	7	12	20	39
5	Corstorphine AAC	13	14	28	55
6	Central AC	22	23	24	69

71	Sam Fernando	M Sen	Fife AC	16:10	16:06
72	Myles Bax	M Sen	Perth RR	16:10	16:06
73	Andrew Carey	MU20	Cambuslang H	16:13	16:10
74	JAMES HARRISON	M Sen	Corstorphine AAC	16:15	16:10
75	Conor Thomson	MU20	Kilbarchan AAC	16:16	16:11
76	Paul Kieran	M40	PH Racing Club	16:16	16:11
77	Craig Morris	MU20	Fife AC	16:17	16:13
78	Malcolm Lang	M40	Corstorphine AAC	16:17	16:14
79	Darren MCQUADE	M Sen	Bellahouston H	16:17	16:13
80	Fraser LOGAN	M Sen	Central AC	16:18	16:15
81	Michael Healy	M40	Cambuslang H	16:18	16:13
82	Liam BRABY	M Sen	Carnethy HRC	16:20	16:16
83	Aaron Odentz	MU20	Aberdeen AAC	16:21	16:18
84	Thomas CALLAN	M Sen	Glasgow University H&H	16:21	16:18
85	Oliver Teenan	M Sen	Edinburgh University H&H	16:23	16:17
86	scott mcdonald	M50	Moorfoot Runners	16:24	16:19
87	Ritchie Thomson	M Sen	Penicuik H	16:25	16:20
88	Drew Dutton	M Sen	Campbeltown RC	16:27	16:19
89	Rory Scott	M Sen	Fife AC	16:28	16:23
90	Neil Wilson	M Sen		16:29	16:23
91	Daniel Macqueen	M Sen	Penicuik H	16:32	16:28
92	Nick FREER	M40	Hunters Bog Trotters	16:32	16:27
93	Tom FERRINGTON	M40	Corstorphine AAC	16:33	16:30
94	Telfer Gray	MU20	Central AC	16:33	16:30
95	Hamish Hickey	MU20	Central AC	16:33	16:31
96	Tom Graham-Marr	MU20	Central AC	16:36	16:33
97	James Adam	MU20	Dundee Hawkhill H	16:37	16:32
98	Daniel Monaghan	M Sen	PH Racing Club	16:38	16:33
99	Stuart Robertson	M40	Perth RR	16:40	16:37
100	David TAMBURINI	M40	Inverclyde AC	16:40	16:35
101	Ewan CRAWFORD	M Sen	Hunters Bog Trotters	16:42	16:37
102	James Haynes	M Sen	Edinburgh University H&H	16:43	16:37
103	GORDON BARRIE	M40	Dundee Hawkhill H	16:43	16:39
104	Stephen ALLAN	M40	Cumbernauld AAC	16:44	16:41
105	Elliot Lassiter	M Sen	University of Stirling Triathlon	16:45	16:40
106	Scott Macleod	M Sen	Metro Aberdeen RC	16:46	16:38
107	MATTHEW O'BRIEN	M Sen	Kilbarchan AAC	16:47	16:43
108	Thomas WILSON	M Sen	Edinburgh University H&H	16:48	16:44
109	Dave Wright	M40	Hunters Bog Trotters	16:50	16:45
110	Simon Anetts	M Sen	Fife AC	16:52	16:47
111	Alasdair MACIVER	M Sen	Carnethy HRC	16:55	16:50
112	Kevin Schenk	M Sen	Forres H	16:56	16:50
113	Ali Wilson	M Sen		16:56	16:50
114	Fraser Kelly	MU20	Team East Lothian AC	16:57	16:46
115	John COYLE	M40	Garscube H	16:59	16:53
116	Paul MONAGHAN	M40	Greenock Glenpark H	17:00	16:55
117	Allan Cameron	M40	Motherwell AC	17:00	16:56
118	Adam ROUSE	M40	Edinburgh AC	17:01	16:56
119	Chris RUSSELL	M Sen	Fife AC	17:04	16:59
120	Colin Fleming	MU20	University of Stirling	17:05	17:02
121	David Knight	M50	Perth RR	17:05	17:01
122	James Macleod	M Sen	Garscube H	17:07	17:01
123	RONALD GAULD	M40	Stonehaven RC	17:08	17:05
124	Malcolm Fraser	M Sen	Edinburgh AC	17:10	17:04
125	DUNCAN RYAN	M40	Perth RR	17:11	17:03
126	FINLAY FINLAY	M Sen	Garscube H	17:14	17:08
127	Kenny GORMAN	M Sen	Fife AC	17:17	17:12
128	Daniel Scroop	M40	Garscube H	17:17	17:11
129	Michael BARKER	M40	Cambuslang H	17:18	17:12
130	ROBERT KEENAN	M Sen	Cumbernauld AAC	17:19	17:13
131	ROBERT SELLAR	M40	PH Racing Club	17:21	17:16
132	Mark Gallacher	M40	Motherwell AC	17:24	17:17
133	Darren Cavaroli	M40	Harmony AC	17:24	17:18
134	Finlay Ross	MU20	Corstorphine AAC	17:24	17:20
135	Charles Thomson	M50	Cambuslang H	17:25	17:21
136	Alastair Walker	M60	Teviotdale H	17:25	17:20
137	Alan Knowles	M40	Lothian RC	17:27	17:20
138	Oliver Traynor	M Sen	Glasgow University H&H	17:27	17:24
139	Graeme LAING	M40	Victoria Park City of Glasgow	17:29	17:23
140	Kevin Thom	M Sen		17:31	17:24
141	DAVID HOGG	M40		17:31	17:24
142	Calum Phillip	MU20	Stirling University AC	17:31	17:26
143	Martin BUTCHER	M Sen	PH Racing Club	17:34	17:28
144	Mark Porter	M Sen	Bellahouston H	17:34	17:29
145	Kieran PUGH	M Sen	Strathclyde University H	17:36	17:30
146	Peter Bowman	M Sen	Clydesdale H	17:40	17:34

147	Mark FORRESTER	M Sen		17:40	17:33
148	Callam SCOTT	M Sen	Glasgow University H&H	17:41	17:35
149	Alisdair Steel	M Sen	Stonehaven RC	17:41	17:37
150	Paul Friend	M Sen	Musselburgh and District AC	17:42	17:37
151	Iain CRAVEN	M40	Edinburgh AC	17:43	17:38
152	Kevin RIDDELL	M Sen	Perth RR	17:44	17:38
153	Matthew Davies	M Sen	Edinburgh AC	17:48	17:33
154	John CASSELLS	M40	PH Racing Club	17:49	17:42
155	Greg Milne	M Sen	Fife AC	17:51	17:40
156	Iain MACLEOD	M40	Corstorphine AAC	17:52	17:44
157	Al Aitken	M40	Lothian RC	17:53	17:44
158	Iain NICHOLL	M40	Cambuslang H	17:54	17:46
159	SCOTT STRACHAN	M40	Kinross RR	17:58	17:50
160	MICHAEL MCQUAID	M50	Falkirk Victoria H	17:58	17:53
161	Gordon Simpson	M50	Dundee Hawkhill H	18:00	17:53
162	Ben Kinninmonth	M Sen	Fife AC	18:01	17:57
163	Will Moffat	M40	Lothian RC	18:01	17:52
164	Euan McInnes	M40	Lothian RC	18:02	17:54
165	Kieren Mooney	MU20	Giffnock North AC	18:02	17:56
166	Andrew Jannetta	M Sen	PH Racing Club	18:03	17:56
167	Derek NEWPORT	M50	Penicuik H	18:03	17:59
168	Calum FERGUSON	M Sen	Bellahouston H	18:04	17:59
169	David CROSS	M50	Edinburgh AC	18:08	18:03
170	Tom Leeman	M Sen	Edinburgh AC	18:09	18:04
171	Paul McMonagle	M50	Cumbernauld AAC	18:09	18:02
172	DAVID THOMSON	M Sen	East Kilbride AC	18:10	18:06
173	Garry PORCH	M40	Bellahouston RR	18:10	18:01
174	EUAN CRAIG	M Sen	Kirkintilloch Olympians	18:12	18:05
175	Ronnie GLEN	M40	Perth RR	18:13	18:06
176	Connell DRUMMOND	M40	Kilmarnock H&AC	18:17	18:11
177	Grant MATHESON	M50	Falkirk Victoria H	18:18	18:11
178	Murray PEEBLES	M Sen	Dunbar RC	18:21	18:10
179	SEAN CASEY	M50	Cumbernauld AAC	18:22	18:15
180	DEREK MARTIN	M50	Cumbernauld AAC	18:24	18:17
181	Alan Cunningham	M40	Lothian RC	18:26	18:17
182	EWEN CAMERON	M40	Motherwell AC	18:28	18:21
183	Lewis Bruce	M Sen	Dundee Road Runners	18:29	18:17
184	Craig Taylor	M40	Portobello RC	18:30	18:19
185	Iain TAYLOR	M50	PH Racing Club	18:30	18:24
186	Jonathan Campbell	M Sen	Pitreavie AAC	18:32	18:24
187	Sandy HOLL	MU20	Central AC	18:34	18:29
188	Owain WILLIAMS	M Sen	Edinburgh AC	18:34	18:30
189	Alan McGowan	M40	Carnegie H	18:35	18:27
190	JAMES FOTHERINGHAM	M50	Perth RR	18:35	18:31
191	Gordon LAWSON	M40	Fife AC	18:37	18:30
192	Daniel Rivera	M50	Edinburgh AC	18:37	18:32
193	Sandy Gardner	M40	Victoria Park City of Glasgow	18:38	18:29
194	John Crookston	M60	PH Racing Club	18:39	18:33
195	Chris STUART	M40	PH Racing Club	18:41	18:33
196	Mark Ellis	M40	Motherwell AC	18:42	18:32
197	Steven King	M40	Carnegie H	18:42	18:34
198	Dave Thom	M50	Cambuslang H	18:43	18:35
199	Martin MCNELLIS	M50	PH Racing Club	18:44	18:33
200	Paul Stirling	M Sen		18:45	18:38
201	John Murray	M40	Garscube H	18:49	18:43
202	Evan CRANE	M Sen	Motherwell AC	18:51	18:42
203	William JARVIE	M60	Portobello RC	18:51	18:39
204	Bine Stancic	M Sen	Edinburgh University H&H	18:52	18:42
205	Alan Cockburn	M50	PH Racing Club	18:52	18:45
206	Christian BARLOW	M Sen	Portobello RC	18:53	18:42
207	David Worrall	M40	Portobello RC	18:53	18:42
208	Brian Beattie	M Sen	Airdrie H	18:54	18:48
209	Darryl Baxter	M Sen		18:56	18:46
210	Owen McWilliams	M Sen	Glasgow University H&H	18:56	18:51
211	Murdo TRAILL	M Sen	Glasgow University H&H	18:57	18:49
212	Malcolm PARRY	M40	Edinburgh AC	18:57	18:51
213	Kenny FINLAYSON	M40	Cambuslang H	19:00	18:51
214	Paul White	M Sen	Law & District AAC	19:02	18:56
215	Paul FORBES	M60	Edinburgh AC	19:03	18:58
216	Andrew Latham	M50	Edinburgh AC	19:05	18:59
217	Euan McCallum	M Sen	Falkirk Victoria H	19:07	19:02
218	Graeme Gemmell	M50	Bellahouston H	19:08	18:59
219	Dennis Howett	M50	PH Racing Club	19:12	19:05
220	Michael Lindsay	M Sen	PH Racing Club	19:12	19:03
221	Jack Kirwan	M Sen	East Kilbride AC	19:14	19:10
222	Iain HOWATT	M50	Pitreavie AAC	19:16	19:05

223	James HAMILTON	M40	PH Racing Club	19:18	19:06
224	James Drummond	M Sen		19:20	19:14
225	Colin Hall	M50	Forres H	19:21	19:11
226	Allan Dunbar	M40	Penicuik H	19:23	19:15
227	scott nelson	M50	Lothian RC	19:23	19:16
228	Mark UPWARD	M50	Portobello RC	19:25	19:13
229	Ronald Mason	M Sen	Musselburgh and District AC	19:27	19:19
230	Keith Black	M Sen	Montrose Flyers	19:29	19:20
231	Graeme BARKER	M Sen	Fife AC	19:30	19:19
232	Neil MacLachlan	M Sen	Pitreavie AAC	19:32	19:24
233	Barry Davie	M40	Carnegie H	19:32	19:26
234	Paul CHOWDHRY	M40		19:33	19:17
235	Wright Beveridge	M40	PH Racing Club	19:38	19:28
236	BRIAN LEES	M50	Lothian RC	19:40	19:30
237	Iain Cameron	M40	Lothian RC	19:41	19:28
238	Gavin Phillip	M50	Edinburgh AC	19:45	19:33
239	Graham Wilde	M40	Carnegie H	19:48	19:38
240	Steven PHILLIPS	M40	Airdrie H	19:48	19:40
241	Alan Murray	M40	Carnegie H	19:49	19:40
242	Paul Emery	M40	Linlithgow AC	19:52	19:42
243	Darran Neilson	M40	PH Racing Club	19:52	19:44
244	JIM MCANENY	M50	Garscube H	19:53	19:47
245	Scott Clark	M Sen	Pitreavie AAC	19:54	19:43
246	John Cotton	M40	Pitreavie AAC	19:54	19:44
247	Steven Birrell	M40	Pitreavie AAC	19:58	19:47
248	Andrew GIBSON	M Sen	Teviotdale H	19:59	19:51
249	Scott HUNTER	M40	Cambuslang H	20:00	19:51
250	John HYND	M50	Carnegie H	20:01	19:50
251	Dave MORTON	M40	Carnegie H	20:02	19:53
252	Colin Wishart	M40	Lothian RC	20:02	19:55
253	Alistair HINDLE	M40	Hunters Bog Trotters	20:05	19:58
254	Michael Bisset	M40	Carnegie H	20:05	19:54
255	Bryan Lessels	M40	Falkland Trail Runners	20:05	19:52
256	Scott Love	M Sen	PH Racing Club	20:10	20:02
257	Gary Fraser	M Sen	Pitreavie AAC	20:10	20:01
258	Roger Homyer	M60	Highland Hill Runners	20:13	20:05
259	Callum Douglas	M Sen	Falkirk Victoria H	20:14	20:04
260	HARRY MULHOLLAND	M50	Lothian RC	20:14	20:00
261	Mark Davidson	M Sen	Portobello RC	20:15	20:03
262	Dougie Hunter	M50	Lothian RC	20:16	20:03
263	Andy Duncan	M50	Musselburgh and District AC	20:22	20:13
264	Chris GUNSTONE	M60	Portobello RC	20:22	20:07
265	Paul Allan	M40	Pitreavie AAC	20:23	20:11
266	Gordon Dewar	M50		20:23	20:13
267	Ed Norton	M60	PH Racing Club	20:28	20:18
268	GRAEME KENNEDY	M50	Motherwell AC	20:28	20:20
269	Gavin Major	M Sen	Pitreavie AAC	20:30	20:18
270	Scott Dickson	M Sen	Motherwell AC	20:33	20:20
271	Bryan Jenkins	M40	Perth RR	20:39	20:24
272	Andrew ANDERSON	M50	Dunbar RC	20:45	20:34
273	Ian Robert JOHNSTON	M60	PH Racing Club	20:47	20:40
274	Gary BARKER	M60	Fife AC	20:47	20:38
275	Gary Macfadyen	M50	Forres H	20:48	20:33
276	craig stewart	M40	Harmony AC	20:49	20:36
277	Martin Kay	M40	Law & District AAC	20:50	20:38
278	STEWART DALLAS	M Sen	Perth RR	20:52	20:41
279	Pete Scolls	M50	Sweatshop Running Community	20:57	20:47
280	Mark Magill	M Sen		21:02	20:53
281	Brian Miller	M40	Carnegie H	21:02	20:51
282	Angus Donald	M40	Dundee Hawkhill H	21:04	20:51
283	Rob Crusher	M50	Giffnock North AC	21:09	21:00
284	Stuart Donald	M Sen	Garscube H	21:12	20:57
285	Allon GALBRAITH	M60	Bellahouston RR	21:13	21:03
286	James Scullion	M40	Law & District AAC	21:20	21:09
287	Lee Hutchison	M Sen	Portobello RC	21:24	21:11
288	Darren DICK	M50	Linlithgow AC	21:31	21:20
289	Andrew Miller	M Sen		21:34	21:18
290	Andrew Spence	M Sen	Carnegie H	21:35	21:25
291	Rennie Morrocco	M Sen		21:36	21:23
292	Gary WELSH	M40	Linlithgow AC	21:38	21:27
293	Stewart Gordon	M40	Motherwell AC	21:38	21:24
294	Gavin Waddell	M Sen	Carnegie H	21:41	21:30
295	Mark Milligan	M40	Law & District AAC	21:45	21:35
296	Allan Brannigan	M50	Carnegie H	21:47	21:36
297	Michael Carlin	M40	East Kilbride AC	21:48	21:36
298	Ben Abbott	M50	Morpeth H & AC	21:53	21:38

299	Kieran MORGAN	M50	Carnegie H	21:55	21:42
300	Kevin DURNIAN	M Sen	Motherwell AC	21:56	21:49
301	David STIRLING	M40	Cambuslang H	22:04	21:49
302	Kevin McPhillips	M40	Motherwell AC	22:10	21:55
303	Alan WEIR	M50	Lothian RC	22:14	21:57
304	Gregor Wells	M40	Perth RR	22:16	22:01
305	David Mabon	M60	Lothian RC	22:16	22:02
306	Stephen MALCOLM	M50	Lothian RC	22:17	22:04
307	Alan Innes	M Sen	Portobello RC	22:20	22:08
308	Kevin Rogers	M40	Perth RR	22:22	22:11
309	David McIntosh	M Sen		22:28	22:19
310	Graeme Baxter	M Sen	Pitreavie AAC	22:38	22:27
311	Alastair Loudon	M Sen	Motherwell AC	22:49	22:36
312	Barry Campbell	M40	Perth RR	22:56	22:41
313	John TOUGH	M Sen	Portobello RC	23:07	22:54
314	Phillip Rayson	M Sen	Penicuik H	23:15	23:00
315	Alastair McCallum	M50	Falkirk Victoria H	23:34	23:24
316	Scott Kelman	M Sen	Motherwell AC	23:44	23:33
317	Brian Howie	M60	Edinburgh AC	24:22	24:09
318	Keith Traill	M60	Fife AC	24:32	24:20
319	David Cooney	M70	Cambuslang H	24:53	24:38
320	Kevin MACKIE	M40	Metro Aberdeen RC	25:08	24:51
321	Roy Mitchell	M60	Perth RR	25:13	24:59
322	Michael Mullan	M40	Pitreavie AAC	25:26	25:13
323	John McIntyre snr	M50	Fife AC	25:33	25:20
324	Stephen GREER	M60	Carnegie H	25:38	25:21
325	Alex WOOD	M60	Linlithgow AC	25:48	25:35
326	Finlay Dale	M60	Perth RR	25:51	25:37
327	Alan BOTHWELL	M60	Perth RR	26:03	25:51
328	PETER RITCHIE	M50	Perth RR	26:34	26:19
329	Alan Watson	M60	Perth RR	26:58	26:43
330	Jim TRACEY	M60	Motherwell AC	29:13	28:58
331	Stuart McCue-Dick	M50	Motherwell AC	31:36	31:21

MU17

4	Hamish Armit	MU17	Giffnock North AC	14:43	14:41
16	Ben MACMILLAN	MU17	Central AC	15:11	15:09
49	Harry McGill	MU17	Greenock Glenpark H	15:49	15:45
61	Ryan Donald	MU17	Dundee Hawkhill H	15:53	15:51
62	Cameron Fordyce	MU17	Edinburgh #3 Triathlon	15:53	15:49
74	Lewis Hannigan	MU17	Kilbarchan AAC	16:01	15:57
82	Ross Whitelaw	MU17	Glasgow School of Sport	16:12	16:09
84	Elliot Duff	MU17	Garscube H	16:14	16:11
96	Cameron Sale	MU17	Dundee Hawkhill H	16:21	16:19
104	David Addison	MU17	Corstorphine AAC	16:31	16:26
127	cameron bullen	MU17	Team East Lothian AC	16:52	16:41
137	Thomas Ross	MU17	Corstorphine AAC	17:02	16:59
139	Michael Sanderson	MU17	Fife AC	17:04	16:58
140	Lewis Tharme	MU17	Gala H	17:04	17:01
165	Calum Little	MU17	Falkirk Victoria H	17:29	17:26
170	Ben Henderson	MU17	Perth Straththay H	17:33	17:24
174	Gregor Knight	MU17	Perth Straththay H	17:35	17:26
219	Robbie ANDERSON	MU17	Team East Lothian AC	18:15	18:07
313	Finn Milligan	MU17	Law & District AAC	19:46	19:39

BU15

42	Harry Henriksen	BU15	Lasswade AC	15:45	15:40
120	Jamie Lessels	BU15	Falkland Trail Runners	16:45	16:37